ARIZONA CHRISTIAN UNIVERSITY
ATHLETICS


2016-2017 VISITOR GUIDE
Dear Visitors,

Welcome to Arizona Christian University and Phoenix, Arizona! We are pleased to have you visit the Valley of the Sun and our beautiful campus. This visiting team guide contains general information to assist you during your visit to Arizona Christian University. You will find directions to athletic facilities and contact information for the ACU athletics staff, as well as a list of restaurants and hotels that generously support ACU athletics.

We hope you enjoy your stay in the Phoenix area. If you have any further questions or concerns please do not hesitate to contact me.

Sincerely,

Jeff Rutter
Director of Athletics
CONTACT INFORMATION

ATHLETICS ADMINISTRATION

Athletic Director
Jeff Rutter
602-489-5353
jeff.rutter@arizonachristian.edu

Assistant Athletic Director
Game Management & Facilities
Peter Dryer
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peter.dryer@arizonachristian.edu

Equipment Manager
Darren Nielsen
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Head Athletic Trainer
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craig.coats@arizonachristian.edu

Associate Athletic Director
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Athletic Business Manager
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Head Athletic Trainer
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Men's Baseball
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Men's Football
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Women's Softball
Assistant Athletic Director - Women’s Eligibility
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602-489-5365
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Men's Basketball
Jeff Rutter
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jeff.rutter@arizonachristian.edu

Men's & Women's Golf
Bryan Altena
602-489-5363
bryan.altena@arizonachristian.edu

Men's & Women's Tennis
Chris Tolson
602-489-5366
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Women’s Basketball
Odell Berry
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odell.berry@arizonachristian.edu

Women's Swimming
Paul Root
paul.root@arizonachristian.edu

Men’s & Women’s Track & Field
Clarence Cockrell
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Men's & Women's Cross Country
Kyle Marshall
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Men's & Women's Soccer
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Women’s Volleyball
Becki Olson
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Athletic Admissions Coordinator
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Men's & Women's Track & Field
Clarence Cockrell
602-489-5359
clarence.cockrell@arizonachristian.edu

Women’s Volleyball
Becki Olson
602-489-5362
becki.olson@arizonachristian.edu
DIRECTIONS TO ACU

FROM SKY HARBOR INT’L AIRPORT
Exit airport toward 24th street (west) exit
Merge onto I-10 West
Exit onto SR-51 North
Exit SR-51 on Cactus Road, turn left
ACU located on south side of Cactus road at 25th street

FROM MESA AIRPORT
Exit on Sossaman Road North
Turn Right on Ray Road
Turn Left on Hawes Road
Turn Right onto 202 Freeway heading North
Exit onto US-60 West
Exit onto I-10 West
Exit onto SR-51 North
Exit SR-51 on Cactus Road, turn left
ACU located on south side of Cactus road at 25th street

FROM INTERSTATE 10 WEST (LOS ANGELES)
Take I-10 East until 202/51 interchange
Merge onto I-10 West
Exit onto SR-51 North
Exit SR-51 on Cactus Road, turn left
ACU located on south side of Cactus road at 25th street

FROM INTERSTATE 10 EAST (TUCSON)
Take I-10 West until 202/51 interchange
Merge onto I-10 West Exit onto SR-51 North
Exit SR-51 on Cactus Road, turn left
ACU located on south side of Cactus road at 25th street

FROM INTERSTATE 17 NORTH (FLAGSTAFF)
Take I-17 South until Thunderbird Ave
Exit Thunderbird, turn left
Follow Thunderbird, which merges with Cactus Road at 7th Street
ACU located on south side of Cactus road at 25th Street

ACU CAMPUS MAP

LEGEND

- North
- Welcome Center
- Science Building
- Pheonix Shop
- Doerksen Administration Building
- R.S. Beal Library
- Fire PIt / Dining Hall
- Student Activity Center
  Fultz Memorial Gymnasium
  Degree Completion Program
  General Education Classrooms
- Music Classrooms
- Communication Building
- Private Residences
- Residence Hall
- Student Services
- Campus Safety
- I.T. Services
- Counseling Center
- Firestorm Athletic Complex
- Campus Maintenance
- Firestorm Field
OFF-CAMPUS SPORTS FACILITIES

1. Shadow Mountain High School
   2902 E Shea Blvd
   Phoenix, AZ 85028

2. Moon Valley Country Club
   151 W Moon Valley Dr
   Phoenix, AZ 85023

3. Rose Mofford Sports Complex
   9833 N 25th Ave
   Phoenix, AZ 85021

4. Phoenix Tennis Center
   6330 N 21st Ave
   Phoenix, AZ 85015
ATHLETIC TRAINING INFORMATION

Dear visiting athletic trainer(s) and teams,

On behalf of our athletic training staff at Arizona Christian University, we would like to welcome you to ACU and the Phoenix area for the 2016-17 season. Our athletic training room is located on the west end of Fultz Memorial Gymnasium.

ATHLETIC TRAINING STAFF
Head Athletic Trainer, Craig Coats
Assistant Athletic Trainer, Tara Lowy
Assistant Athletic Trainer, Israel Aspericueta

NORMAL HOURS OF OPERATION
Sunday: Closed
Monday - Friday: 8 a.m. until 30 minutes past last game or practice
Saturday: As Needed

ATHLETIC TRAINING SERVICES
The athletic training room located in SAC 100 will be open 90 min prior to competition until 30 min after. Special arrangements can be made for other times, please call or email ahead.

We offer hot packs, and injury ice. Use of ultra sound, laser treatment and electrical stim are also available for use with the written request of the visitor’s ATC or Physician. Treatments will only be done if written request is obtained. If athletes need to be taped prior to practice or games, the use of the training room is available. If the athletes are traveling without an ATC, please provide all taping supplies necessary.

A Certified Athletic Trainer, ATC, will be present for all home competitions, where available. Visitor sidelines will be set up according to sport and venue. Any special requests, please notify the athletic training staff.

We hope this information will be helpful with your plans for competition at Arizona Christian University. If you have any other questions or concerns, please do not hesitate to contact us.

Sincerely,

Craig Coats, ATC/L, CA
Head Athletic Trainer
craig.coats@arizonachristian.edu
602.489.5319
PARADISE VALLEY HOSPITAL
3929 East Bell Road
Phoenix, AZ 85032
602-923-5000

JOHN C. LINCOLN NORTH MOUNTAIN HOSPITAL
250 East Dunlap Ave.
Phoenix, AZ 85020
602-943-2381
2016-17 WESTPHAL ATHLETIC FUND
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Westphal Coaches Club

GATORADE

Eastbay

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UNDER ARMOUR

All-Conference Level

Varsity Level

Firestorm Level

RAVEN CONCRETE LLC

REED MOTORS

Become a Firestorm Corporate Sponsor at
www.westphalathleticfund.com
# Game Protocols

## Volleyball (7:00 pm match time)

<table>
<thead>
<tr>
<th>Time of Day</th>
<th>Clock Time</th>
<th>Protocol</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:00 PM - 6:15 PM</td>
<td>60:00 - 45:00</td>
<td>Shared Court</td>
</tr>
<tr>
<td>6:15 PM - 6:25 PM</td>
<td>45:00 - 35:00</td>
<td>Visiting team - full court</td>
</tr>
<tr>
<td>6:25 PM - 6:35 PM</td>
<td>35:00 - 25:00</td>
<td>Home team - full court</td>
</tr>
<tr>
<td>6:35 PM - 6:40 PM</td>
<td>25:00 - 23:00</td>
<td>Referees call captains</td>
</tr>
<tr>
<td>6:40 PM - 6:45 PM</td>
<td>19:00 - 15:00</td>
<td>Home team - full court (Predicted starting lineups due to scorer’s table)</td>
</tr>
<tr>
<td>6:45 PM - 6:50 PM</td>
<td>15:00 - 10:00</td>
<td>Visiting team - full court</td>
</tr>
<tr>
<td>6:50 PM - 6:55 PM</td>
<td>10:00 - 5:00</td>
<td>Home team - full court</td>
</tr>
<tr>
<td>6:55 PM - 7:00 PM</td>
<td>5:00 - 0:00</td>
<td>Official Starting Lineups due at scorer’s table, Clear court, Prayer, National Anthem, Introductions</td>
</tr>
</tbody>
</table>

## Football (2:00 pm game)

<table>
<thead>
<tr>
<th>Time of Day</th>
<th>Clock Time</th>
<th>Protocol</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:30 PM</td>
<td>--</td>
<td>Stadium opens to spectators</td>
</tr>
<tr>
<td>1:00 PM</td>
<td>12:00</td>
<td>Start game clock</td>
</tr>
<tr>
<td>1:50 PM</td>
<td>10:00</td>
<td>Prayer/National Anthem</td>
</tr>
<tr>
<td>1:53 PM</td>
<td>7:00</td>
<td>PA Announcer introductions</td>
</tr>
<tr>
<td>1:57 PM</td>
<td>3:00</td>
<td>Coin Flip</td>
</tr>
<tr>
<td>2:00 PM</td>
<td>---</td>
<td>Kick-off</td>
</tr>
</tbody>
</table>

## Soccer (7:00 pm match)

<table>
<thead>
<tr>
<th>Time of Day</th>
<th>Clock Time</th>
<th>Protocol</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:00 PM</td>
<td>50:00:00</td>
<td>Half field warm ups on bench side</td>
</tr>
<tr>
<td>6:40 PM</td>
<td>10:00</td>
<td>Starting line-ups turned into scorer’s table</td>
</tr>
<tr>
<td>6:50 PM</td>
<td>0:00</td>
<td>Teams clear the field/officials meet with captains</td>
</tr>
<tr>
<td>6:53 PM</td>
<td>---</td>
<td>Introductions/Numerical order</td>
</tr>
<tr>
<td>6:57 PM</td>
<td>---</td>
<td>Prayer/National Anthem</td>
</tr>
<tr>
<td>7:00 PM</td>
<td>---</td>
<td>Kick-off</td>
</tr>
</tbody>
</table>

Soccer DH - Same as previous, except 20 minute warm-up prior to teams clear

## Women’s Basketball (5:30 pm game)

*minimum 20 minute on court warm up*

<table>
<thead>
<tr>
<th>Time of Day</th>
<th>Clock Time</th>
<th>Protocol</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:30 PM</td>
<td>54:00:00</td>
<td>Start game clock</td>
</tr>
<tr>
<td>By 5:14 PM</td>
<td>By 10:00</td>
<td>Starting lineups given to scorer’s table</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Official book signed</td>
</tr>
<tr>
<td>5:14 PM</td>
<td>10:00</td>
<td>Officials meet with captains</td>
</tr>
<tr>
<td>5:23 PM</td>
<td>1:00</td>
<td>Warning horn</td>
</tr>
<tr>
<td>5:24 PM</td>
<td>0:00</td>
<td>Final horn, clear court, Prayer/National Anthem, player introduction</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(numerical order)</td>
</tr>
<tr>
<td>5:30 PM</td>
<td>---</td>
<td>Tip-off</td>
</tr>
</tbody>
</table>
**GAME PROTOCOLS (CONT’D)**

### Men’s Basketball (7:30 pm game)

*minimum 20 minute on court warm up*

<table>
<thead>
<tr>
<th>Time of Day</th>
<th>Clock Time</th>
<th>Protocol</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:04 PM</td>
<td>20:00</td>
<td>Start clock – Court available for warm-up</td>
</tr>
<tr>
<td>By 7:14 PM</td>
<td>By 10:00</td>
<td>Starting lineups to scorer’s table</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Official book signed by both teams</td>
</tr>
<tr>
<td>7:14 PM</td>
<td>10:00</td>
<td>Officials meet with captains</td>
</tr>
<tr>
<td>7:23 PM</td>
<td>1:00</td>
<td>Warning horn</td>
</tr>
<tr>
<td>7:24 PM</td>
<td>0:00</td>
<td>Final horn, clear court, Prayer/National Anthem, player introduction</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(numerical order)</td>
</tr>
<tr>
<td>7:30 PM</td>
<td>---</td>
<td>Tip-off</td>
</tr>
</tbody>
</table>

### Baseball Game

<table>
<thead>
<tr>
<th>Time of Day</th>
<th>Protocol</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:00 PM - 12:35 PM</td>
<td>ACU BP (cages)</td>
</tr>
<tr>
<td>12:35 PM - 1:10 PM</td>
<td>Visitor BP (cages)</td>
</tr>
<tr>
<td>1:15 PM - 1:25 PM</td>
<td>ACU Infield</td>
</tr>
<tr>
<td>1:25 PM - 1:35 PM</td>
<td>Visitor Infield</td>
</tr>
<tr>
<td>1:35 PM</td>
<td>Field Preparation</td>
</tr>
<tr>
<td>1:40 PM</td>
<td>Starting Lineups to Scorer's Table</td>
</tr>
<tr>
<td>1:48 PM</td>
<td>Umpires at Home Plate</td>
</tr>
<tr>
<td>1:50 PM</td>
<td>Lineups Exchanged</td>
</tr>
<tr>
<td>1:53 PM</td>
<td>Visitor Lineup Announced</td>
</tr>
<tr>
<td>1:55 PM</td>
<td>ACU Lineup Announced (players take field)</td>
</tr>
<tr>
<td>1:57 PM</td>
<td>Prayer and National Anthem</td>
</tr>
<tr>
<td>2:00 PM</td>
<td>First Pitch</td>
</tr>
</tbody>
</table>

*Game 2 of the (DH) will begin 30 minutes following Game 1*

### Softball (DH starting at 12 pm)

<table>
<thead>
<tr>
<th>Time of Day</th>
<th>Protocol</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00 AM</td>
<td>Gates Open</td>
</tr>
<tr>
<td>10:20 AM - 10:50 AM</td>
<td>ACU Hits in Cages</td>
</tr>
<tr>
<td>10:50 AM - 11:20 AM</td>
<td>Visitor Hits in Cages</td>
</tr>
<tr>
<td>11:20 AM - 11:28 AM</td>
<td>Shared Field Usage</td>
</tr>
<tr>
<td>11:28 AM - 11:36 AM</td>
<td>Visitor Pregame</td>
</tr>
<tr>
<td>11:36 AM - 11:44 AM</td>
<td>ACU Pregame</td>
</tr>
<tr>
<td>11:45 AM - 11:50 AM</td>
<td>Lineups turned in to SID Table</td>
</tr>
<tr>
<td>11:50 AM - 11:55 AM</td>
<td>Meet with umpires</td>
</tr>
<tr>
<td>11:55 AM - 12:00 AM</td>
<td>Introductions, Prayer, Anthem</td>
</tr>
<tr>
<td>12:00 PM</td>
<td>Game Time</td>
</tr>
</tbody>
</table>

*Game 2 of the (DH) will begin 30 minutes following Game 1*